

Information for Patients Wishing to Register with the Practice

Benzodiazepines and Z-drugs

This surgery **does not** issue repeat (on-going) Benzodiazepine or Z- drug prescriptions.

Patients who are taking this type of medication and wish to register with us will be offered a gradual reduction programme.



Agreement with this Policy is a strict requirement for registration with the Practice.

Patients taking regular Benzodiazepines or Z-drugs will be asked to attend a medication review with the GP where a reduction programme will be agreed. Patients will be provided with support to stop taking these medications.

This policy follows national guidance to ensure the safe use of these medications.